

SCOTTISH CROSS COUNTRY UNION



WESTERN DISTRICT
RELAY CHAMPIONSHIPS

KILMARNOCK

Saturday, 19th October 1985.

RESULTS

S.C.C.U. Young Athletes 3 x 2 miles Western District C.C. Relay Championships

Order of Running (1) Junior Boy (2) Senior Boy (3) Youth

RESULTS

- Clydebank A.C. (A. Thain (1) 12.02; G. Stewart (1) 10.44; R. Donnelly(1) 10.40) Total time 33 min 26 sec
- Clydebank A.C. 'B' (M. Buckley (2) 12.04; T. McCauley (2) 11.34; D. McGinley (2) 10.52) 34 min 30 sec
- Bellahouston H. (S. Rooney (16) 12.53; D. Donlin (7) 11.20; G. McCann (3) 10.32) 34 min 45 sec
- Victoria Park A.A.C. (G. Wiseman (5) 12.25; F. McGowan (4) 11.23; J. Logan (4) 10.58) 34 min 46 sec
- Kilbarchan A.C. (D. Lyle (8) 12.37; S. Douglas (6) 11.34; R. Shaw (5) 10.42) 34 min 53 sec
- Nith Valley A.C. (N. White (3) 12.13; S. White (3) 11.34; S. McClymont (6) 11.17) 35 min 04 sec
- Cambuslang H. (D. McPherson (6) 12.28; K. Allan (14) 12.19; S. Wallace (7) 10.35) 35 min 22 sec
- Motherwell Y.M. (McMcEwan (9) 12.38; F. Togneri (9) 12.39; D. Gardiner (11) 11.13) 35 min 30 sec
- Clydebank A.C. 'C' (G. Harvey (13) 12.48; M. McBride (10) 11.42; J. Monaghan (9) 11.18) 35 min 48 sec
- East Kilbride A.C. (S. Cairney (26) 13.24; A. McBeth (14) 11.31; I. Tierney (10) 11.20) 35 min 55 sec
- Greenock Glenpark H. (G. Robertson (32) 13.34; P. Murray (25) 11.51; R. Monney (11) 10.30) 35 min 55 sec
- East Kilbride 'B' (C. Watters (18) 13.00; M. Morgan (11) 11.40; F. Wallace (12) 11.30) 36 min 10 sec
- Motherwell Y.M. 'B' (J. Muir (22) 13.15; S. Fox (15) 11.35; C. McCann (15) 11.37) 36 min 27 sec
- Irvine A.C. (P. Brennan (19) 13.07; H. Ewing (13) 11.34; J. McBlain (14) 11.49) 36 min 30 sec
- Kilmarnock H. (P. Carty (40) 13.48; M. Porter (21) 11.23; B. McEwan (15) 11.23) 36 min 34 sec
- Victoria Park 'B' (G. Graham (7) 12.34; R. Blair (5) 11.36; G. Dick (16) 12.31) 36 min 41 sec
- Victoria Park 'C' (C. Greenhalgh (10) 12.39; M. Burgess (20) 12.25; I. Stirling (17) 11.45) 36 min 49 sec
- Nith Valley 'B' (N. Mackie (29) 13.31; A. Whiffen (24) 12.02; S. Simpson (10) 11.35) 36 min 58 sec
- Bellahill Y.M. (P. McWhinnie (21) 13.12; P. Shannon (22) 12.00; B. McAlorum (19) 11.48) 37 min (01) sec
- Dunfries A.A.C. (R. Toolis (4) 12.22; J. Howat (17) 12.36; P. Pearsons (20) 12.12) 37 min (01) sec
- Kilmarnock 'B' (I. Thomson (46) 14.00; M. Cameron (29) 11.45; D. Murray (11) 11.26) 37 min 11 sec
- Kilbarchan 'B' (S. Anderson (41) 13.51; T. Graham (28) 11.44; N. Cassidy (22) 11.44) 37 min 19 sec
- Ayr Seaforth A.C. (I. Craig (15) 12.50; J. Graham (8) 11.26; G. Johnston (23) 13.10) 37 min 26 sec
- Clydebank 'D' (C. Cleland (14) 12.49; J. Divers (12) 11.52; J. Cameron (24) 12.47) 37 min 28 sec
- Cambuslang 'B' (C. Bell (39) 13.45; J. Wilson (42) 12.40; B. Murray (25) 11.07) 37 min 32 sec
- Motherwell Y.M. 'C' (G. Danskin (44) 13.58; G. Robertson (30) 11.55; J. Quinn (11.48) 37 min 41 sec
- Shettleston H. (M. O'Hagen (27) 13.27; S. Caldwell (18) 11.35; T. Marchetti (27) 12.45) 37 min 47 sec
- Clydesdale H. (N. Cunningham (43) 13.54; G. Divers (33) 12.05; L. Pearson (28) 11.48) 37 min 47 sec

90 Loudon Runners 'C' (G. Fraser (81) 14.38; W. Slade (91) 16.07; J. McAlister (92) 15.54; J. Kennedy (90) 16.19)	62 min 58 sec.
91 Clydesdale 'D' (E. Poole (107) 16.28; B. Rossburgh (99) 15.40; L. Pearson (100) 14.35; M. McDonald (91) 16.28)	63 min 11 sec.
92 East Kilbride 'E' (R. Gibson (91) 15.07; W. McCann (88) 14.58; P. Russell (90) 15.43; P. Bonar (92) 17.39)	63 min 27 sec.
93 Kilbarchan 'F' (G. Masson (92) 15.10; A. Smith (94) 16.06; R. Barr (95) 16.07; E. Taylor (93) 16.27)	63 min 48 sec.
94 Stonehouse 'B' (D. Brown (97) 15.42; J. Templeton (92) 15.09; D. Russell (96) 16.29; J. McKinlay (94) 16.52)	64 min 12 sec.
95 Afton Water 'B' (I. Walker (105) 16.20; D. Sunderson (96) 16.52; J. McKenna (95) 17.51)	65 min 43 sec.
96 Irvine 'C' (K. Wyper (102) 16.11; I. Parker (100) 16.13; D. Ramage (96) 15.07; J. McKenna (96) 18.52)	66 min 23 sec.
97 Troon Tortoises 'B' (D. Light (109) 16.32; G. Walker (103) 16.59; (97) 18.26)	70 min 58 sec.

DID NOT FINISH AS COMPLETE TEAMS:-

Bellahouston 'F' (F. Bryson (61) 14.00; G. McGregor (68) 14.34; G. Bell (80) 16.21; 44.54)
 Law & District 'C' (W. Struthers (88) 15.04; W. Drysdale (96) 16.28; F. Kelly (97) 16.25) 47.52

Vale of Leven 'C' (A. McGhee (95) 15.25; D. Lambert (97) 16.32; S. Martin (98) 16.16) 48.15

Monklands 'B' (T. O'Hare (106) 16.20; T. Goodwin (56) 11.41) 50.11
 Motherwell 'B' (S. Reid (51) 13.49; B. Kane (73) 15.06) 50.51
 Garscube 'B' (I. McDonald (100) 16.03; A. McDonald (98) 16.03) 52.18
 Kilbarchan 'G' (L. Lang (69) 14.11; D. Laidlaw (101) 18.16) 52.52
 Beith 'B' (J. Swindale (108) 16.29; B. Morley (102) 16.05) 53.11
 Strathclyde Police A.C. (R. Hawkins (2) 12.06) 57.00
 Spango Valley 'H' (J. Mitchell (78) 14.35) 58.51
 Linwood Pentastar 'B' (S. Cameron (85) 14.54) 59.51
 Calderglen 'C' (R. Sneddon (96) 15.31) 59.51
 Westerlands 'B' (J. Welling (99) 15.52) 59.51

FASTEST LAP TIMES:-

R. Quinn (Kilbarchan) 11.34; G. Crawford (Springburn) 11.37; C. Robison (Spango V.) 11.41
 T. Goodwin (Monklands 'B') 11.41 (query?); A. Callan (Springburn) 11.49; P. Conaghan (Spango V.) 11.58; E. Stewart (Cambuslang) 11.59; L. Spence (Spango V.) 12.01;
 S. Begen (Springburn) 12.04; C. Leck (Spango V. 'B') 12.05; R. Hawkins (Strathclyde Pol) 12.06; P. Mayles (Kilbarchan) 12.07; I. Murray (Green Glenpark) 12.08; G. Gattney (Green Wellpark) and J. Orr (Cambuslang) both 12.11 (15).

C.A. Shields
 (Hon. District Secretary)

S.E.C.U. Senior/Junior 4 x 2½ mile C.C. Relay Championships.

RESULTS.

1. Spango Valley A.C. (P. Conaghan (1) 11.58; C. Robison (1) 11.37; C. Spence (1) 12.20; L. Spence (1) 12.01) TOTAL TIME 47 min 56 sec.
2. Springburn Harriers (J. Cooper (14) 12.45; G. Crawford (2) 11.37; A. Callan (2) 11.49; S. Begen (2) 12.04) 48 min 15 sec.
3. Kilbarchan A.C. (P. Mayles (3) 12.07; N. Walker (4) 12.25; G. Fairley (4) 12.35; R. Quinn (3) 11.34) 48 min 41 sec.
4. Cambuslang H. (D. McShane (5) 12.17; J. Orr (3) 12.11; E. Stewart (3) 11.59; R. Stone (4) 12.25) 48 min 52 sec.
5. Greenock Wellpark H. (S. McNish (23) 13.03; J. Duffy (13) 12.16; D. McFadyen (7) 12.29; G. Gaffney (5) 12.11) 49 min 59 sec.
6. Spango Valley 'B' (E. McKee (14) 12.45; C. Leck (5) 12.05; S. Conaghan (5) 12.41; T. Wilkie (6) 12.47) 50 min 18 sec.
7. Cambuslang 'B' (J. McLaughlin (21) 12.56; C. Thomson (10) 12.21; Tulliot (6) 12.33; S. Kenny (7) 12.37) 50 min 24 sec.
8. Bellahouston H. (I. Coyne (4) 12.15; D. Bryson (7) 12.47; J. Hendry (8) 12.50; J. Adair (8) 12.42) 50 min 34 sec.
9. Kilbarchan 'B' (R. Gardner (7) 12.30; M. McGinley (8) 12.39; A. Ross (9) 13.00; A. Puckrin (9) 12.25) 50 min 34 sec.
10. Shettleston H. (B. Scally (18) 12.53; A. Swann (16) 12.49; P. Carton (11) 12.48; J. Mudie (10) 12.14) 50 min 34 sec.
11. East Kilbride A.C. (G. Haddow (13) 12.44; G. Croll (12) 12.35; R. Ronald (10) 12.56; G. Colvin (11) 13.07) 51 min 22 sec.
12. Motherwell Y.M. (J. Quinn (8) 12.31; K. Newberry (6) 12.21; J. Brockett (13) 13.50; D. Marshall (12) 12.49) 51 min 31 sec.
13. Greenock Glenpark H. (B. McGuinness (31) 13.10; T. Murray (11) 12.08; D. McLaughlin (12) 13.17; N. Corton (13) 13.09) 51 min 44 sec.
14. Ayr Seaforth A.C. (G. Fallon (6) 12.26; G. Wight (9) 12.44; D. Stanley (14) 13.47; I. Thomson (14) 12.49) 51 min 46 sec.
15. Cambuslang 'C' (D. Healy (24) 13.04; J. Robertson (18) 12.51; I. Hill (15) 13.03; A. Bain (15) 12.57) 51 min 55 sec.
16. Clydesdale H. (J. Austin (9) 12.32; D. Halpin (15) 12.59; C. McKintosh (18) 13.31; P. Dolan (16) 12.54) 51 min 56 sec.
17. Springburn 'B' (I. Hoy (2) 12.55; F. Blacklock (17) 13.00; R. Chalmers (16) 13.05; A. Chalmers (17) 13.05) 52 min 03 sec.
18. Irvine A.C. (C. Miller (17) 12.51; R. Dickinson (20) 13.07; J. Sneddon (20) 13.15; J. Stevenson (18) 13.13) 52 min 06 sec.
19. Vale of Leven A.C. (J. Harrison (44) 13.35; D. Harrison (35) 13.16; R. Hurt (29) 13.10; B. Pitt (19) 12.31) 52 min 32 sec.
20. Spango Valley 'C' (I. Dobbin (38) 13.17; D. McCabe (21) 12.44; D. McGarrity (22) 13.18; J. Gallacher (20) 13.15) 52 min 34 sec.
21. Ayr Seaforth 'B' (R. Hill (30) 13.09; A. Young (24) 13.07; G. Young (25) 13.13; I. Stewart (21) 13.06) 52 min 35 sec.
22. Kilmarnock H. (G. McKenna (11) 12.33; B. McCallum (23) 13.31; R. Dalziel (24) M. Ferguson (22) 12.09) 52 min 35 sec.
23. Victoria Park A.A.C. (J. Doyle (56) 13.54; P. Wilson (28) 12.27; J. Pollock (19) 12.51; J. Angus (23) 13.31) 52 min 43 sec.
24. L. & L. Club (S. Allen (10) 12.32; J. Nolan (22) 13.31; T. Carawe; (21) 13.14; B. Young (24) 13.31) 52 min 48 sec.
25. Clydebank A.C. (D. Williams (16) 12.48; A. McKay (31) 13.43; M. Allison (35) 13.50; J. McKay (25) 12.31) 52 min 57 sec.
26. Dumbarton A.A.C. (A. Burns (48) 13.44; C. Martin (41) 13.26; A. McCall (34) 13.14; J. Stephens (26) 12.43) 53 min 07 sec.
27. Bellahouston 'B' (D. Hart (41) 13.27; C. John (32) 13.17; A. Halliday (31) 13.23; A. Smith (27) 13.11) 53 min 10 sec.

28. Ayr Seaforth 'C' (S. Deed (47) 13.30; D. McGorie (59) 13.20; S. Walker (55) 13.13; J. Caird (28) 13.01) 53 min 20 sec.
29. Cambuslang 'D' (F. Haugh (22) 12.57; I. Shaw (50) 13.33; G. Laird (30) 13.51; D. Lung (29) 13.53) 53 min 34 sec.
30. Bellahouston 'D' (A. McAngus (15) 12.46; C. Watson (25) 13.30; J. Hamilton (30) 13.29; I. Campbell (30) 13.54) 53 min 39 sec.
31. Bellahouston 'C' (I. Donnelly (36) 13.15; P. O'Hagan (27) 13.05; J. McNulty (37) 13.37; R. Stoddart (31) 13.53) 53 min 50 sec.
32. Shettleston 'B' (I. Lucas (28) 13.06; J. Ross (33) 13.43; T. Eaton (32) 13.37; P. McMahon (32) 13.37) 53 min 54 sec.
33. Calderglen H. (T. Walker (29) 13.08; A. McLeellan (19) 12.42; J. Young D. Watt (33) 54 min 00 sec.
34. Green Glenpark 'B' (I. Cameron (37) 13.16; E. Currie (43) 14.02; R. John (34) 13.13; W. Jackson (34) 13.32) 54 min 03 sec.
35. East Kilbride 'B' (L. Reid () ; S. Marriott (51) (total 27.41); M. McWilliams (44) 13.28; C. Bryden (35) 13.02) 54 min 11 sec.
36. Glasgow Univ. H.&H. (A. McCormack (32) 13.12; P. Shand (26) 13.05; J. Barbour (28) 13.43; A. Kinniburgh (36) 14.12) 54 min 12 sec.
37. Dairy Thistle B.C. (D. Archie (12) 12.35; I. Auchie (14) 12.54; A. McDowall (12) 13.32; S. Ward (37) 15.22) 54 min 13 sec.
38. Westerlands C.C.C. (J. Donohue (34) 13.13; D. Calder (29) 13.09; W. Reid (23) 13.04; C. Aldridge (38) 15.04) 54 min 30 sec.
39. Green Glenpark 'C' (J. McPaul (42) 13.52; P. Russell (38) 13.52; A. McCall (34) 13.54; R. Cleary (29) 13.33) 54 min 51 sec.
40. Monklands H. (N. Agnew (25) 13.04; A. Bell (55) 14.57; J. Small (38) 12.45; W. Edgar (40) 13.50) 54 min 56 sec.
41. Kilbarchan 'D' (W. Took (27) 13.05; I. McDougall (44) 14.15; A. Costigan (39) 13.28; D. Paterson (41) 13.57) 54 min 45 sec.
42. Kilbarchan 'C' (J. Snodgrass (59) 13.59; B. Hawkins (37) 13.01; D. Petrie (43) 13.55; M. McAleer (42) 13.49) 54 min 54 sec.
43. Green Glenpark 'D' (R. Boyd (53) 13.50; D. Cox (52) 13.52; W. Hammill (52) 14.06; P. Duffy (43) 13.08) 54 min 56 sec.
44. Green Glenpark 'E' (J. Docherty (68) 14.07; J. McCready (57) 13.54; A. Carron (49) 13.28; C. Miller (44) 13.46) 55 min 15 sec.
45. Springburn 'C' (S. McLean (19) 12.53; D. Wilmoth (Jnr) (40) 14.13; F. Dickson (41) 13.51; I. Meehan (45) 14.22) 55 min 19 sec.
46. Law & District A.C. (T. Donnelly (57) 13.57; W. Dickson (56) 13.02; P. Kelly (42) 13.46; W. Scoular (46) 14.44) 55 min 29 sec.
47. Afton Water A.C. (J. Grierson (58) 13.59; P. Storrer (55) 13.59; J. Harris (51) 13.47; I. Pollock (47) 13.55) 55 min 40 sec.
48. Kirkintilloch Olympians (S. Abbot (60) 13.59; D. Groucher (50) 13.39; I. Todd (54) 14.26; P. McBreury (48) 13.44) 55 min 50 sec.
49. Cambuslang 'E' (R. McCutcheon (45) 13.36; M. Johnston (54) 14.19; B. Gough (48) 13.34; P. Ogden (49) 14.21) 55 min 50 sec.
50. Clydesdale 'B' (J. Hanratty (65) 14.06; P. Potts (42) 13.06; P. Jack (46) 14.07; A. Wright (50) 14.34) 55 min 53 sec.
51. Ayr Seaforth 'D' (B. Whittle (62) 14.00; B. McKay (59) 14.04; B. Boyd (53) 13.56; I. Baird (51) 13.59) 55 min 59 sec.
52. Cumbernauld A.A.C. (J. Duffy (50) 13.48; N. McGregor (67) 14.45; D. Young (54) 14.45; K. Lawler (52) 12.45) 56 min 03 sec.
53. Kilmarnock 'B' (A. Law (54) 13.50; H. Rankin (49) 13.45; B. McPhail (50) 14.00; G. Kerr (53) 14.25) 56 min 08 sec.
54. Cambuslang 'F' (J. Christie (46) 13.37; T. Rhodes (48) 13.56; M. McDonald (55) 14.38; S. McFadden (54) 13.59) 56 min 10 sec.
55. Shettleston 'C' (M. Inglis (64) 14.03; J. Morrison (60) 14.09; B. McMonagle (57) 14.14; C. Ross (55) 14.01) 56 min 27 sec.
56. Spango Valley 'D' (C. Burns (55) 13.53; D. Kerr (61) 14.25; K. Ferguson (62) 14.21; A. Galbraith (56) 13.55) 56 min 34 sec.
57. Loudon Runners A.C. (A. Frew (75) 14.26; M. Dodds (66) 14.05; H. Richmond (63) 14.22; J. White (57) 14.04) 56 min 57 sec.
58. Linwood Pentathlon A.C. (G. Tenney (26) 13.05; I. McGonick (46) 14.22; J. McPhail (56) 14.46; J. Telford (58) 14.47) 57 min 03 sec.

30. Forth 'B' (K. Stearns (20) 13.12; J. Dugan (19) 11.51; K. Boyd (29) 12.59)	37 min 57 sec
31. Dumbarton H.C. (M. Egan (33) 13.35; P. McLean (26) 11.50; J. McGuire (30) 12.26)	37 min 59 sec
32. Dumbarton A.A.C. (B. McCreddie (12) 12.47; G. Turner (31) 13.08; N. Anderson (31) 12.05)	38 min 00 sec
33. Kilmarnock 'D' (B. McManus (30) 13.33; G. Reid (23) 11.40; S. Murray (32) 12.48)	38 min 01 sec
34. Bellshill Y. M. 'B' (G. Hart (24) 13.21; R. Lindsay (32) 12.38; G. Mann (33) 12.15)	38 min 14 sec
35. L. & L. Club 'B' (S. Stonebanks (62) 14.30; S. Carty (46) 12.29; J. Cook (34) 11.32)	38 min 31 sec
36. Clydebank 'E' (M. McBride (31) 13.34; J. Gallacher (34) 12.26; C. Booth (35) 12.33)	38 min 33 sec
37. Troon Fortoises A.C. (J. Granger (72) 15.19; M. Snodgrass (50) 12.56; J. Goldie (36) 11.24)	38 min 39 sec
38. Irvine 'B' (P. Miller (34) 13.40; S. Tanner (27) 11.55; I. Brewer (37) 13.10)	38 min 45 sec
39. Springburn H. (S. Gillespie (45) 13.59; A. Callan (37) 12.16; J. Cooper (38) 12.32)	38 min 47 sec
40. Clydesdale 'B' (S. Baillie (49) 14.09; C. Stewart (43) 12.10; J. Friel (39) 12.10)	38 min 54 sec
41. Kilbarchan 'C' (G. Spearing (36) 13.42; C. McLean (40) 12.41; S. Leighton (40) 12.32)	38 min 55 sec
42. East Kilbride 'C' (J. McLeary (48) 14.08; G. Fegan (36) 11.57; D. Ross (41) 12.52)	38 min 57 sec
43. Kilmarnock 'C' (C. Colman (69) 15.00; I. Connell (53) 12.26; S. White (42) 11.33)	38 min 59 sec
44. Helensburgh A.A.C. (C. Westwell (54) 14.17; A. Dixon (61) 13.25; N. Wilkinson (41) 11.28)	39 min 10 sec
45. Greenock Glenpark 'B' (R. Dolan (79) 15.27; C. McShane (67) 12.37; A. Johnstone (44) 11.09)	39 min 13 sec
46. Garscube H. (J. MacKinnon (28) 13.28; B. Murray (64) 14.28; J. Marshall (45) 11.19)	39 min 15 sec
47. Cambuslang 'C' (G. McGugan (17) 12.56; G. Griffen (47) 14.03; B. McGlone (46) 12.23)	39 min 22 sec
48. East Kilbride 'D' (C. Fegan (64) 14.33; A. Smith (45) 12.21; M. Blair (47) 12.34)	39 min 28 sec
49. Loudon Runners (E. Hutchison (25) 13.22; C. McDonald (39) 13.01; D. White (48) 13.06)	39 min 29 sec
50. Bellshill Y.M. 'D' (S. Irvine (80) 15.51; D. Nowberry (43) 12.20; J. Houston (49) 11.39)	39 min 30 sec
51. Cumbernauld AAC (S. Drummond (59) 14.24; S. Chalmers (62) 13.20; J. Morrison (50) 11.52)	39 min 36 sec
52. Greenock Glenpark 'C' (S. Nicol (77) 15.28; C. Morrison (46) 12.35; D. Shaw (51) 11.35)	39 min 38 sec
53. Cumbernauld 'B' (M. Welmaford (50) 14.09; G. Drummond (48) 13.01; S. Drummond (52) 12.30)	39 min 40 sec
54. Clydebank 'F' (D. Ashton (38) 13.44; B. O'Brien (41) 12.40; B. Leonard (53) 13.25)	39 min 49 sec
55. Kilbarchan 'D' (P. Kuszynski (73) 15.20; B. Kirkwood (58) 12.15; C. McDonald (54) 12.16)	40 min 01 sec
56. Clydebank 'G' (D. Forthingham (37) 13.42; D. Craig (38) 12.38; A. McAllister (55) 13.50)	40 min 10 sec
57. Bellshill Y.M. 'C' (D. McLuckie (68) 14.45; R. White (49) 12.30; G. Malloy (56) 13.00)	40 min 15 sec
58. Vale of Leven (J. McGuish (71) 15.11; D. Davidson (54) 12.16; S. Pacifuz (57) 13.07)	40 min 34 sec
59. Stonehouse AAC (J. Opie (58) 14.23; D. Russell (59) 13.14; G. Wallace (58) 13.07)	40 min 44 sec
60. Dumfries 'B' (D. McDowell (11) 12.46; A. Clark (56) 14.45; C. Thomson (59) 13.17)	40 min 48 sec

61. I & L Club 'A' (A. Lapsley (41) 14.20; W. McGilchrist (71) 14.18; R. Loughran (67) 12.24)	40 min 56 sec
62. Bellahouston 'B' (D. McCulloch (83) 17.04; A. Naismith (80) 12.43; C. McNeill (66) 11.09)	40 min 56 sec
63. Clydesdale 'C' (S. Gibson (78) 15.30; J. Mullen (72) 13.12; A. Lennox (62) 12.24)	41 min 06 sec
64. Clydebank 'H' (D. McAllister (47) 14.07; D. Fulton (70) 14.20; S. Malcolm (65) 12.40)	41 min 07 sec
65. Helensburgh 'B' (A. Young (56) 14.19; E. Scott (57) 13.12; G. Puxton (65) 13.59)	41 min 30 sec
66. Loudon Runners 'B' (S. Loughran (67) 14.43; C. Paterson (65) 13.16; A. Paterson (65) 13.52)	41 min 51 sec
67. Kilbarchan 'G' (P. Shaw (35) 13.41; P. Johnson (55) 12.50; R. Furlong (66) 14.27)	41 min 58 sec
68. Kilbarchan 'E' (A. McKeown (81) 16.03; M. Gregory (49) 12.22; P. Heaton (67) 13.36)	42 min 01 sec
69. Cumbernauld 'C' (C. Heath (51) 14.10; S. Queen (74) 14.35; S. Lanning (68) 13.24)	42 min 09 sec
70. Clydesdale 'D' (A. Hutton (74) 15.24; S. Poole (76) 13.32; C. Allan (49) 13.30)	42 min 26 sec
71. Stonehouse 'B' (R. Thomson (65) 14.34; I. McLeish (68) 13.48; A. Niven (70) 14.44)	42 min 56 sec
72. Loudon Runners 'C' (R. Galloway (63) 14.32; G. Riley (79) 15.06; D. Wilson (71) 13.39)	43 min 17 sec
73. Kilbarchan 'F' (R. Dalrymple (22) 16.14; C. Hayes (78) 13.15; S. McDougall (72) 14.04)	43 min 33 sec
74. Vale of Leven 'B' (M. Jones (70) 15.02; A. Gillies (83) 16.11; A. Finnan (73) 16.12)	47 min 25 sec
75. Vale of Leven 'C' (C. Kennedy (84) 17.22; I. Summers (84) 13.56; S. McFadyen (74) 16.07)	47 min 25 sec

Did not finish a team:-

Shettleston H 'B' (D. Halliday (23) 13.20; D. Grabiec (35) 12.42)	26.02
Victoria Park 'D' (C. Scott (42) 13.52; S. Barnett (44) 13.00)	26.52
Cambuslang 'D' (S. Donegan (66) 14.41; C. Wilson (51) 12.38)	27.19
Springburn 'B' (H. Mooney (53) 14.16; S. Grimshaw (52) 13.21)	27.31
Victoria Park 'E' (E. MacDonald (55) 14.19; D. McIlroy (60) 13.21)	27.40
Dumbarton 'B' (P. McCreddie (52) 14.12; M. Singh (73) 14.32)	28.44
Clydebank 'J' (S. Gavin (60) 14.25; J. Cullen (75) 14.31)	28.56
Victoria Park 'F' (F. McNellan (57) 14.20; D. McKay (77) 15.01)	29.21
Loudon Runners 'D' (B. McGarry (75) 15.27; G. Barr (81) 15.25)	30.52
Victoria Park 'G' (N. Aman (79) 15.48; R. Dunsmore (82) 15.15)	31.05

Junior Boys

A. Thain (C'Bank) 12.02;	M. Buckley (C'Bank) 12.04;	N. White (Nith Valley) 12.04;
R. Toolis (Dumfries) 12.22;	G. Wiseman (Vic Park) 12.25;	D. McPherson (Cambuslang) 12.25;

Senior Boys

G. Stewart (C'Bank) 10.44;	D. Doulin (Bellis) 11.20;	I. McEwen (Vic Park) 11.23;
M. Porter (Kilmarnock) 11.23;	J. Graham (Ayr Sea) 11.26;	A. McBeth (I. Kilbride) 11.31;

Youths

R. Mooney (Green Glenpark) 10.30;	G. McCann (Bellis) 10.32;	S. Wallace (Cambuslang) 10.35;
R. Donnelly (C'Bank) 10.40;	R. Shaw (Kilbarchan) 10.42;	D. McGinley (C'Bank) 10.44;

Record fields in relay

MORE THAN 800 athletes will compete in the SCCU Western District Relay Championships at Kilmarnock today. The championships, held over wooded, rolling countryside near Grange Academy, have attracted record fields of 134 teams in the senior 4 x 2½ miles event and 94 teams in the young athletes' 3 x 2 miles race.

Holders of the senior title, Shettleston Harriers, will be without Scottish champion Nat Muir and are not expected to retain the senior title. The favourites are Spango Valley AC, winners of the Renfrewshire relay title at Greenock last Saturday, who field an all-international team of Cameron and Lawrie Spence plus Englishman Colin Robison, a Royal Navy helicopter pilot at Prestwick, and possibly Chris Leck or Peter Conaghan in their effort to win the senior title for the first time since 1979.

Spango country victors

SPANGO VALLEY AC from Greenock, with an all-international team, led from the start to defeat a record field of 134 teams and win the senior title at the Scottish Cross Country Union Western District cross country relay championships at Kilmarnock.

After Peter Conaghan had established a narrow lead on the opening lap, Royal Navy helicopter pilot Chris Robison stretched the gap to a race-winning margin of 47 seconds at half distance.

His time of 11 minutes 37 seconds was just three seconds outside the fastest lap of the day recorded by Scottish junior champion Robert Quinn (Kilbarchan AC) on the final lap.

The international brothers, Cameron and Lawrie Spence, brought Spango home for their first victory since 1979, finishing 100 yards in front of Lanarkshire champions Springburn Harriers with Kilbarchan a distant third.

Clydebank AC, displaying amazing strength in depth in all the three age groups of the Young Athletes race, not only won their first ever title convincingly, but their B team finished runners-up 80 yards ahead of Bellahouston Harriers who came through well in the final two laps after languishing in 16th place at the completion of the opening lap.

1, Spango Valley 47 min 56 sec; 2, Springburn 48:15; 3, Kilbarchan AC 48:41. Fastest lap — R. Quinn (Kilbarchan) 11:34. Young Athletes — 1, Clydebank 33:26; 2, Clydebank AC B 34:30; 3, Bellahouston Harriers 34:45. Fastest laps — Junior — A. Thain (Clydebank) 12:02; Senior — G. Stewart (Clydebank) 10:44; Youths — R. Mooney (Greenock Glenpark Harriers) 10:30.

THE SCOTSMAN 21/10/96

Spango Valley AC won the senior 4x2½ mile title at the Western District's cross country relay championships at Kilmarnock defeating a record entry of 134 teams to gain their first victory since 1979. The Greenock club, with an all international squad, led from the start to win by 100 yards in 47:56sec. Springburn Harriers finished runners-up in 48:15 with Kilbarchan AC third in 48:41, thanks to an outstanding run on the final lap by Scottish junior champion Robert Quinn who recorded 11:34 for the fastest time of the day.

WESTERN DISTRICT CROSS COUNTRY RELAYS

KILMARNOCK 19TH OCTOBER 1985

Athletics Weekly
November 9th

Chris Robison Strengthens Spango Valley

THIS YEAR's Western District Cross Country Relay Championships, held over a testing course at Kilmarnock on October 19th, provided Spango Valley with their first win in the Senior/Junior event since 1979, while Clydebank were the outstanding club in the Young Athletes race, with their 'A' and 'B' teams occupying the first two positions. Remarkably both races followed the same pattern, with the respective victors leading from start to finish.

News From Scotland

In the main event, Spango's lead-off runner Peter Conaghan (11:58) held a lead of 50m at the finish over the Kilbarchan pair of Robert Hawkins (12:06) and Paul Mayles (12:07), with Bellahouston fourth and Cambuslang fifth. On leg two, naval officer Chris Robison cruised round in an impressive 11:37 to put the Renfrewshire champions into a commanding lead at halfway over Springburn, for whom Graham Crawford (11:37) had been equally convincing in hoisting his club from 14th to second, while Jim Orr (12:11) moved Cambuslang into the medal positions four seconds ahead of Kilbarchan's Neil Walker (12:25).

On the penultimate lap the leading four positions remained unchanged, although Springburn's Adrian Callan (11:47) ate into Spango's lead by taking 33 seconds off Cammy Spence, thereby reducing the deficit to 14 seconds, and Eddie Stewart's clocking of 11:59 extended Cambuslang's lead over Kilbarchan to 40 seconds. In spite of a valiant effort by Stevie Begen to close the gap on Lawrie Spence over the final circuit, the more experienced Spence did what was required (12:01) to stretch his club's lead by a further five seconds over the Lanarkshire champions. Meanwhile Robert Quinn was producing the run of the day (11:34), making light work of the heavy mud and the nine fences and gates dotting the course to overhaul Cambuslang in the last half mile and put Kilbarchan into the 'bronze' medal position, with an inspired Greenock Wellpark, anchored by Gerry Gaffney (12:11), in fifth place. Spango Valley, Cambuslang and Kilbarchan revealed their strength in depth by placing their 'B' teams all in the first ten, in sixth, seventh and ninth positions, while last year's runners-up, Bellahouston, who were without most of their top men, were pushed back to eighth.

In the Young Athletes race, consisting of a Junior Boy, Senior Boy and a Youth, there was no holding Clydebank as their 'A' and 'B' teams were never headed at any stage. At the end of the

opening leg their 'A' runner, Ally Thain (12:02), held a two seconds lead over his 'B' teammate Mike Buckley, but Senior Boy Glen Stewart (whose father Lachie can run a bit too!) produced an outstanding 10:44 (a time which only four Youths bettered) to extend the 'A' team's lead over the 'B' squad by a further 50 seconds. On the final lap, Bobbie Donnelly (10:40) completed the job to bring the 'A' team home 64 seconds ahead of their 'B' team, while Bellahouston's Gerry McCann (10:32) snatched third place in the closing yards from last year's winners Victoria Park.

David Cooney

- 1, Spango Valley.....47:56
(P. Conaghan 11:58, C. Robison 11:37, C. Spence 12:20, L. Spence 12:01)
- 2, Springburn.....48:15
(J. Cooper 12:43, G. Crawford 11:37, A. Callan 11:49, S. Begen 12:06)
- 3, Kilbarchan.....48:41
(P. Mayles 12:07, N. Walker 12:25, G. Fairley 12:35, R. Quinn 11:34)
- 4, Cambuslang 48:52 (D. McShane 12:17, J. Orr 12:11, E. Stewart 11:59, R. Stone 12:25); 5, Greenock Wellpark 49:59 (S. McNish 13:03, J. Duffy 12:16, D. McFadyen 12:29, G. Gaffney 12:11); 6, Spango Valley 'B' 50:18 (E. McKee 12:45, C. Leck 12:05, S. Conaghan 12:41, T. Wilkie 12:47); 7, Cambuslang 'B' 50:24; 8, Bellahouston 50:34; 9, Kilbarchan 'B' 50:34; 10, Shettleston 50:34; 11, E. Kilbride 51:22; 12, Motherwell 51:31; 13, Greenock Glenpark 51:44; 14, Ayr Seaforth 51:46; 15, Cambuslang 'C' 51:55; 16, Clydesdale 51:56; 17, Springburn 'B' 52:03; 18, Irvine 52:26; 19, Vale of Leven 52:32; 20, Spango Valley 'C' 52:34. **Fastest:** Quinn 11:34; Crawford & Robison 11:37; Callan 11:49; P. Conaghan 11:58; Stewart 11:59. **Young Athletes (JB, SB, Y)** — 1, Clydebank 33:26 (A. Thain 12:02, G. Stewart 10:44, R. Donnelly 10:40); 2, Clydebank 'B' 34:30 (M. Buckley 12:04, T. McAuley 11:34, D. McKinley 10:52); 3, Bellahouston 34:45 (S. Rooney 12:53, D. Donlin 11:20, G. McCann 10:32); 4, Victoria Park 34:46; 5, Kilbarchan 34:53; 6, Nith Valley 35:04; 7, Cambuslang 35:22; 8, Motherwell 35:30; 9, Clydebank 'C' 35:48; 10, E. Kilbride 35:55. **Fastest:** Youths — R. Mooney (G. G'park) 10:30; McCann 10:32; S. Wallace (Cam) 10:35. **Snr. Boys** — Stewart 10:44; Donlin 11:20; F. McGowan (VP) & M. Porter (Kilm) 11:23. **Jnr. Boys** — Thain 12:02; Buckley 12:04; N. White (Nith) 12:13.